



**HETRICK-MARTIN INSTITUTE**  
EMPOWERMENT, EDUCATION & ADVOCACY FOR LGBTQ YOUTH  
NEW JERSEY

# LGBTQ Friendly Health and Wellness Referral Directory

Sponsored by:



HMI: New Jersey

550 Broad Street Suite 610, Newark, NJ 07102 | 973-722-5488 | [www.hmi.org](http://www.hmi.org) 1



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# PRIMARY CARE PHYSICIANS

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## **Callen-Lorde Community Health Center**

356 W 18th St, New York, NY 10011  
(212) 271-7200

### **Hours:**

Monday – Friday 8:00 am – 8:00 pm

## **Horizon Health Center**

**Comprehensive care for the transgender and LGBT community**

115 Christopher Columbus Drive  
Jersey City, NJ 07311  
(201) 451-6300

### **Hours:**

Monday – Friday 9:00am – 4:00pm

## **Mt. Sinai Adolescent Health Center**

312-320 East 94th Street  
New York, NY 10128  
Tel: (212) 423-3000

### **Hours:**

Monday - Friday: 8:00am - 5:00pm  
Thursday: 12:00pm - 6:00pm  
Saturday: 9:00am - 4:00pm

## **Rutgers Health**

**Comprehensive Healthcare and Counseling Services**

- **90 Bergen Street**

Suite 4600  
WALK-INS WELCOME  
(973) 972-4270

### **Hours:**

Fridays 11:00 – 3:00  
Saturdays 8:00am – 12:00pm

- **140 Bergen Street, F Level**

WALK-INS WELCOME  
(973) 972-4270

### **Hours:**

Monday and Tuesday 12:00pm – 3:00pm

- **HIV Testing**

65 Bergen Street  
Office GA177A

### **Hours:**

Monday-Friday 9:00am – 5:00pm

# DENTAL PROVIDERS

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## **Callen-Lorde Community Health Center**

356 W 18th St, New York, NY 10011  
(212) 271-7200

### **Hours:**

Monday – Friday 8:00 am – 8:00 pm

## **Horizon Health Center**

**Comprehensive care for the transgender and LGBT community**

115 Christopher Columbus Drive  
Jersey City, NJ 07311  
(201) 451-6300

### **Hours:**

Monday – Friday 9:00am – 4:00pm

# CRISIS HOTLINES

## **Crisis Text-line**

### **Hours:**

24 hours a day, 7 days a week  
Text “GO” to 741741

## **GLBT National Hotline**

1-888-843-4564

### **Hours:**

Monday-Friday 4:00pm – 12:00am  
Saturday 12:00pm – 5:00pm

## **GLBT Youth Talk-line**

1-800-246-7743

### **Hours:**

Monday-Friday 4:00pm – 12:00am  
Saturday 12:00pm – 5:00pm

## **The Samaritans of New York**

(212) 673-3000

### **Hours:**

24 hours a day, 7 days a week

## **Transgender Lifeline**

1-877-565-8860

### **Hours:**

24 hours a day, 7 days a week

## **Trevor Lifeline**

A crisis intervention and  
suicide prevention phone service  
1-866-488-7386

### **Hours:**

24 hours a day, 7 days a week

## **Trevor Chat**

An instant messaging service providing  
crisis intervention and suicide prevention  
[www.thetrevorproject.org/chat](http://www.thetrevorproject.org/chat)

## **Trevor Space**

An online community for LGBTQ young  
people and their friends  
[www.trevorspace.org](http://www.trevorspace.org)

### **Hours:**

24 hours a day, 7 days a week

## **Trevor Text**

A text messaging service offering crisis  
intervention and suicide prevention  
[www.thetrevorproject.org/text](http://www.thetrevorproject.org/text)



# TRANSGENDER FRIENDLY COLLEGES

Below is a list of colleges and universities that cover transition-related medical expenses under Student Health Insurance.

## 75 colleges and universities cover hormones and gender-affirming surgeries for students:

American University  
Amherst College  
Babson College  
Bowdoin College  
Bridgewater State University  
Brown University  
California Institute of Technology  
Carnegie Mellon University  
Case Western University  
Colorado State University  
Connecticut College  
Cornell University  
Dartmouth College  
Duke University  
Emerson College  
Emory University  
Harvard University  
Johns Hopkins University  
Kean University  
Montclair State University  
Mount Holyoke College  
New York University  
Northeastern University  
Northern Arizona University  
Northwestern University  
Ohio State University  
Ohio University (graduate students only)  
Oregon State University  
Pace University  
Pennsylvania State University  
Portland State University  
Purdue University  
Rowan University  
Rutgers University  
School of the Art Institute of Chicago  
Smith College  
Stanford University  
Stony Brook University  
Trinity College  
Tufts University  
University of Arizona  
University of California, Berkeley  
University of California, Davis  
University of California,  
Hastings College of the Law  
University of California, Irvine  
University of California, Los Angeles  
University of California, Merced  
University of California, Riverside  
University of California, San Diego  
University of California, San Francisco  
University of California, Santa Barbara  
University of California, Santa Cruz  
University of Colorado, Boulder  
University of Colorado, Denver  
University of Connecticut  
University of Houston, Main Campus  
University of Illinois, Chicago  
University of Illinois, Urbana-Champaign  
University of Maryland  
University of Massachusetts, Amherst  
University of Michigan  
University of Minnesota  
University of Missouri  
University of Nebraska, Lincoln  
University of Oregon  
University of Pennsylvania  
University of Rochester  
University of Southern California  
University of Vermont  
University of Washington  
University of Wisconsin, Madison  
Vanderbilt University  
Washington University in St. Louis  
Yale University



## 21 Colleges and Universities Cover *ONLY Hormones* for Students

Brandeis University  
Eastern Michigan University  
Ithaca College  
Kansas State University  
Lewis and Clark College  
Massachusetts Institute of Technology  
Princeton University  
State University of New York,  
College at Oneonta  
Suffolk University  
Tulane University

University at Buffalo  
University of Chicago  
University of Iowa  
University of Louisville  
University of Maine, Machias  
University of Maryland  
University of Massachusetts, Dartmouth  
University of Minnesota, Morris  
University of New Hampshire  
Vassar College  
Widener University

# HEALTH INSURANCE ENROLLMENT

## **Hetrick Martin Institute:**

### **New Jersey**

550 Broad Street Suite 610  
Newark, NJ 07102  
(973) 722 – 3988

#### **Hours:**

Monday-Friday: 10:00am – 7:00pm

## **City Of Newark Department Of Child and Family Well Being**

394 University Ave  
Newark NJ 07102  
(973) 733-7600

#### **Hours:**

Monday: 8:30am-7:00pm  
Tuesday-Friday: 8:30am-4:30pm

## **Hyacinth Foundation**

800 Broad Street  
Newark NJ 07103  
(732) 246-0204

#### **Hours:**

Monday-Friday: 9:00am-5:00pm

## **Integrity, Inc.**

103 Lincoln Park, Newark NJ 07101  
(973) 623-0600

#### **Hours:**

Monday-Friday: 9:00am-5:00pm

## **Leadership Newark**

494 Broad Street Suite L110  
Newark NJ 07102  
(800) 344-4306

#### **Hours:**

Monday-Friday: 9:00am-5:00pm

## **New Jersey Citizen Action**

165 Halsey Street  
Newark NJ 07102  
1-(888) 829-3711

#### **Hours:**

Monday-Friday 9:00am-7:00pm  
Saturday: 10:00am-4:00pm

## **University Hospital**

150 Bergen Street Room  
Uhc-203  
Newark NJ 07103  
(973) 972-8300

#### **Hours:**

Monday-Friday 7:30am-4:30pm  
Saturday: 8:30am-1:30pm



# STD/STI TESTING

(You may need an ID and/or an adult if you are under 18)

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**Cathedral Healthcare System  
St. Michaels Medical Center  
Infectious Disease Department**  
268 Martin Luther King Boulevard  
Newark, NJ 07102  
(973) 877-5649

**East Orange Department of Health and  
Human Services Health Department**  
143 New Street  
East Orange, NJ 07017  
(973) 266-5465

**La Casa de Don Pedro**  
76 Clinton Avenue  
Newark, NJ 07114  
(973) 624-4222

**Newark Community Health Centers  
Inc. - Irvington**  
1150 Springfield Avenue  
Irvington, NJ 07111  
(973) 399-6292

**Newark Department of Child  
and Family Wellbeing  
Communicable Diseases Prevention  
and Treatment Center**  
110 William Street  
Newark, NJ 07102  
(973) 648-2444

**New Jersey Statewide Family  
Centered HIV Care Network  
Family Treatment Center at Beth Israel  
Medical Center**  
166 Lyons Avenue  
Newark, NJ 07112  
(973) 926-5197

**NJMS: Spend Time on Prevention  
Program**  
65 Bergen Street  
Stanley S Bergen Building GA 177  
Newark, NJ 07107  
1-800-249-7750

**North Jersey Community Research  
Initiative Counseling and Testing**  
393 Central Ave 3rd Floor  
Newark, NJ 07103  
(973) 412-8300

**Planned Parenthood of Central and  
Greater Northern New Jersey Inc.  
Elizabeth Health Center**  
1150 Dickinson Street  
Elizabeth, NJ 07201  
(908) 351-5384

**Planned Parenthood of Metropolitan  
New Jersey - Gale Center**  
560 Martin Luther King Blvd Suite 100  
East Orange, NJ 07018  
(973) 674-4343

**Planned Parenthood of Metropolitan  
New Jersey - Chubb Center**  
151 Washington Street  
Newark, NJ 07102  
(973) 622-3900

**Planned Parenthood of Metropolitan  
New Jersey - Ironbound Center**  
70 Adams Street Suite 13  
Newark, NJ 07105  
(973) 465-7707



# SUBSTANCE ABUSE TREATMENT

## **AIDS Resource Foundation for Children**

176 Roseville Avenue  
Newark, NJ 07107  
(973) 643-0400

## **American Habitare**

687 Frelinghuysen Avenue  
Newark, NJ 07114  
(973) 799-0508

LGBTQ specific groups available

## **Bloomfield Health Pavilion LLC**

86 Bloomfield Avenue  
Newark, NJ 7104  
(973) 230-3631

## **Cathedral Health Care System**

268 Martin Luther King Blvd  
Newark, NJ 7102  
(973) 690-3500

LGBTQ specific groups available

## **North Jersey Community Research Initiative**

393 Central Avenue  
Newark, NJ 07103  
(973) 483-3444

LGBTQ specific groups available



# EMERGENCY MEDICAL PROVIDERS

## **Newark Beth Israel Medical Center**

201 Lyons Avenue at  
Osborne Terrace  
Newark, NJ 07112  
(800) 843-2384

### **Hours:**

24 hours a day, 7 days a week

## **Saint Michael's Medical Center**

111 Central Avenue  
Newark, NJ 07102  
(973) 877-5500

### **Hours:**

24 hours a day, 7 days a week

## **University Hospital New Jersey**

150 Bergen Street  
Newark, NJ 07103  
(973) 972-5123

### **Hours:**

24 hours a day, 7 days a week



# URGENT / AFTER HOURS CARE

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## **Astrahealth Urgent Care - Belleville**

50 Washington Avenue Unit 4  
Belleville, NJ 07109  
(908) 760-8888

### **Hours:**

Monday-Friday 8:00am-9:30pm  
Saturday: 9:00am-8:30pm  
Sunday: 9:00am-5:00pm

## **Concentra Urgent Care**

375 McCarter Highway  
Newark, NJ 07114  
(973) 643-8601

### **Hours:**

Monday-Friday 7:00am-7:00pm

## **Premier Care Associates of West Hudson**

206 Bergen Avenue  
Kearny, NJ 07032  
(201) 998-7474

### **Hours:**

Monday-Friday 7:00am-7:00pm  
Saturday: 9:00am-4:00pm  
Sunday: 11:00am-2:00pm

# FOOD PANTRIES (Some may require a referral)

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## **North Reformed Church**

510 Broad Street  
Newark, NJ 07102  
(973) 623-3198

### **Hours:**

Tuesdays 9:30am – 1:30pm  
Thursday 9:30am – 1:30 pm

## **Positive Health Care Inc.**

333 Washington Street  
Newark, NJ 07102  
(973) 596-9358

### **Hours:**

Monday – Friday 9:00am – 5:00pm

## **St Michael's Parish - Food Pantry**

172 Broadway  
Newark, NJ 07104  
(973) 484-7100

### **Hours:**

Tuesdays 9:00am – 5:00pm  
Thursdays 9:00am – 5:00pm

## **St Rocco's Outreach Project Solution**

712 Springfield Avenue  
Newark, NJ 07108  
(973) 371-5266

## **The Apostle's House**

24 Grant Street  
Newark, NJ 07104  
(973) 350-9715

## **The Salvation Army - Newark (Central)**

45 Central Avenue  
Newark, NJ 07102  
(973) 623-5959

### **Hours:**

Monday 1:00pm -3:00pm  
Wednesday 1:00pm – 3:00pm  
Friday 1:00pm – 3:00pm



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